

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Mushroom & Tarragon	Broccoli & Stilton	Potato & Leek	Pea & Mint	Root Vegetable
Main Course 1	Chilli Con Verdi, Braised Rice & Taco Shells	Cheese & Onion Pastry Rolls & New Potatoes	Macaroni Cheese with Garlic Bread	Sweet & Sour Vegetables Sauce, Mini Spring Rolls and Egg Noodles	Southern Style Burger in Bun & Potato Wedges
Main Course 2	3 Cheese Tortellini with Pesto Sauce	Spanish Omelette with Spicy Tomato Salsa	Stir Fried Egg Rice with Mixed Vegetables & Edamame Beans	Cheese & Tomato Quesada's with Coriander Drizzle	Bubble & Squeak with Poached Egg
Vegetables	Baton Carrots & Peas	Broccoli & Cauliflower	Sweetcorn & French Beans	Butternut Squash & Mange Tout	Baked Beans & Peas
Jacket Potato, Baked Beans & Cheese available daily					
Salad Bar	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives
Daily Salads	Mexican Salsa, Rocket & Sundried Tomatoes, Pepperslaw	Red Onion, Raddish & Celery, Tomato, Fennel & Basil, Beetroot, Sunflower Seeds & Lemon Zest	Rani Special Salad, Ceasar Salad, Greek Salad	Gucamole, Sour Cream & Chives, Carrot, Orange & Coriander, Red Cabbage, Parsley & Pumpkin Seeds	Special Chef Salads
Protein	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs
Breads	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain
Dessert	Chocolate & Orange Slice	Vanilla Dessert with Berry Compot	Carrot Cake with Orange Frosting	Apple Crumble & Custard	Choc Ices
Fruit & Fruit Pots	Fresh Whole Fruit & Fruit Pots				
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Pea & Mint	Roasted Tomato & Pepper	Thai Noodle Soup	Leek & Potato	Vegetable
Main Course 1	Gnocchi with Pesto, Mint & Pea Sauce	Roasted Quorn Fillet, Yorkshire Pudding, Roast Potatoes with Gravy	Thai Green Vegetable Curry with Braised Rice	Vegetable & Bean Lasagne & Garlic Bread	Pizza Margarita Slice & Spiced Wedges
Main Course 2	Broccoli & Cauliflower Bake	Penne Pasta with Arrabiata Sauce	Pad Thai Rice Noodles	Butter Bean Burrito with Salsa Topping	Lentil Cottage Pie
Vegetables	Peas & Sweetcorn	Roasted Carrots & Roasted Parsnips	Sweetcorn & Sautéed Peppers	Cauliflower & Butternut Squash	Baked Beans & Peas
Jacket Potato, Baked Beans & Cheese available daily					
Salad Bar	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives
Daily Salads	Fennel, Cucumber & Pomegranate Dressing, Tomato, Basil & Red Onion Salad & Roasted Aubergine, Lemon & Saffron Yoghurt	Cucumber, Chilli & Black Onion Seed Salad, Coleslaw & Classic Ceasar Salad	Cumin Roasted Cauliflower, Lime & Coriander Yogurt, Shaved Red Cabbage, Red Onion & Orange & Rocket & Sundried Tomatoes	New Potato, Smoked Mayo & Gherkins, Chargrilled Broccoli, Tahini & Sweet Chilli Dressing & Pepper & White Cabbage Slaw	Butternut Squash Corination Salad, Tomato Basil & Grated Mozzarella with Balsamic Dressing, Mixed House Salad
Protein	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs
Breads	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain
Dessert	Raspberry Slice	Greek Yoghurt with Various toppings	Rice Pudding with Mango Sauce	Chocolate Slice with Chocolate Drizzle	Chocolate Chip Cookie
Fruit & Fruit Pots	Fresh Whole Fruit & Fruit Pots				
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato	Sweetcorn Chowder	Carrot & Coriander	Butternut Squash	Chunky Vegetable Soup
Main Course 1	Quorn Sausages with Onion Gravy & Mashed Potatoes	Jacket Potatoes with selection of toppings, Baked Beans, Chilli con Verdi, Cheesy Sweetcorn	Goats Cheese, Caramelised Onion, Potato, Mixed Herbs Bake	Spanish Paella with Butter Beans & Blistered Tomatoes	Quorn Nuggets, Potato Chips & Sauces
Main Course 2	Tomato, Cheese & Red Onion Quiche	Penne Pasta with Lentil & Ratatouille Bake	Lentil Dahl with Braised Rice	Lentil & Vegetable Bolognaise, Spaghetti & Garlic Bread	Chunky Tomato, Pepper, Olive and Feta Cheese Bruschetta
Vegetables	Broccoli & Carrots	Steamed Carrot & Broccoli	Peas & Courgettes	Carrots & Green Beans	Baked Beans & Sweetcorn
Jacket Potato, Baked Beans & Cheese available daily					
Salad Bar	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives	Lettuce, Tomato, Cucumber, Sweetcorn, Grated Carrot, Sliced Peppers & Olives
Daily Salads	Maple Roasted Sweet Potato, Chickpea & Spinach Rocket, Sundried Tomato & Parmesan	Glazed Chicory, Croutons, Orange & Date Dressing White Cabbage, Mint Pesto & Slow Roasted Cherry Tomatoes	Artichoke, Broad Bean, Lemon & Mint Dressing Mixed Bean Salad with Sweet Chilli Dressing	Radicchio, Fig, Balsamic Dressing & Parmesan Tabbouleh	Bang Bang Cucumber Salad Asian Noodle Salad with Tahini Dressing
Protein	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs	Grated Cheese, Houmous & Hard Boiled Eggs
Breads	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain	White, Brown & Multigrain
Dessert	Victoria Sponge Cake	Cookies & Cream	Mini Donuts & Chocolate Sauce	Seasonal Eton Mess	Chocolate Chip Cookies
Fruit & Fruit Pots	Fresh Whole Fruit & Fruit Pots				